

Chen Style Taijiquan Academy

presents

2022 Weekend Intensive Taijiquan
Workshop

by

Master Peter Wu Shi-zeng

Enrich & Enhance Your Jin
Development

Shen-Jin Training Method Level 1 Part 1 (3)

Our academy has hosted more than thirty Jin Workshops in Melbourne from July 2009 to March 2020. Over the years, I come realize that much has been taught but there has not been enough practices. Attention to details are not quite enough either.

Therefore, in our January's Jin Workshop 2021, we started a new form of practice, starting from scratch. Every drill now requires three practices: self-practice; partnered practice; and combative practice. Every single move requires students to drill repetitively.

This has received very good feedback from our students. So from now on, we will carry on this new method. Each part will have three workshops. Each workshop will practice using different movements. Hope this can enable us all to have a better grasp on them.

Students from all levels are welcome, as we will start from the beginning.

Workshop Venue & Information

Dates/Times: Saturday 1st of Oct 2022
(01:30 pm to 6.30 pm)

Sunday 2nd of Oct 2022
(01:30pm to 6.30 pm)

Location: Burwood Uniting Church
Cnr. Warrigal Rd & Hyslop St,
Glen Iris VIC 3146

Cost: Full fees AUD \$260
If paid by 3rd Sep AUD \$250

Refreshments: Coffee and tea will be provided

Accommodation: Please arrange your own

Clothing: Wear loose & comfortable clothing; Rubber-soled sport shoes

Registration: Mail the completed registration form, Cheque/money order (payable to "Peter Wu") to:

Chen Style Taijiquan Academy
2022 January Workshop
PO Box 360
Kew, Vic. 3101 Australia

Cancellations: Subject to Administration costs

Enquiries: Tel:

Peter's Mobile: (61) 0403 066 032
or

Angelina's Mobile (61) 0419 109

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Email: peterszwu@hotmail.com
Website: www.taijigongfa.com

Registration Form

(Please ensure that all details are clearly filled in)

Name:

Address:

Tel/Mobile:

Email:

**Dinner following the workshop on 1st of October 2022 at 7pm. Cost: Approx.\$35
Please select the following options that you wish to attend:**

1. Shen-Jin Training: \$ _____
2. 13-Staff (Spear): \$ _____
3. Dinner: \$ _____

I warrant that I am medically sound and agree to accept full responsibility for any injuries incurred to myself in the unlikely event that an injury is sustained whilst participating in this workshop.

Signature: _____

Date: _____

Rules & Notes:

We reserve the right to cancel the workshop if there are insufficient participants. In the event of cancellation, participants will be notified and given the refund.

Your Privacy: Chen Style Taijiquan Academy follows the National Privacy Principles. The information requested is for record keeping and processing only. It will not be used for any other purposes without your prior consent. Be assured that your details will remain confidential, as we do not supply our list to any other parties.

2. Chen Style 13-Staff (Spear)
陈式太极十三杆(枪)

The 13-Staff Spear is a very important weapon in Taiji practice. It can be used either to practice applications, and also can enhance Taiji Jin. Meanwhile, we will learn to practice with partners.

Dates/Times: Three days Workshop

Wednesday 28th of Sep 2022

TO

(01:30 pm to 6.30 pm)

Friday 30th of Sep 2022

(01:30pm to 6.30 pm)

Location: Burwood Uniting Church
Cnr. Warrigal Rd & Hyslop St,
Glen Iris VIC 3146

Cost: Full fees AUD \$390
If paid by 3rd of Sep AUD \$370

(Notes: The Staff Spear to bring to the workshop doesn't need to be too long, approx.2-3 meters is enough. For home self-practice can be longer, approx.3-4 meters).